

# ST. NICHOLAS OF MYRA ORTHODOX CHURCH

A PARISH OF THE AMERICAN CARPATHO-RUSSIAN ORTHODOX DIOCESE OF THE ECUMENICAL PATRIARCHATE OF CONSTANTINOPLE

288 E. 10th Street, New York, NY 10009



**Sunday Divine Liturgy: 10 AM** 

Pastor: Rev. Fr. William Bennett
Cantor & Choir Director: Nicholas Timko
Asst. Cantor: Reader Robert Zizik
Hours: Reader Alexander Ioukliaevskikh

Church Phone #: 212-254-6685

# WELCOME, ALL ST. NICHOLAS FAITHFUL & VISITORS!

For Online Streaming Service: 10 minutes prior to service, visit our website (www.stnicholaschurchnyc.org) and scroll down and press play on our live service feed. If using a smartphone, use our YouTube Channel: "St. Nicholas of Myra Orthodox Church NYC"

At this time, we will livestream only for Lenten services, Saturday evening Vespers & Sunday morning Divine Liturgy.

Follow us on Facebook: www.facebook.com/StNicholas10street / Follow us on Instagram: "10thSt.Orthodox"

### SUNDAY, NOVEMBER 17th, 2024: St. Joannicus the Great

**Epistle:** Galatians 2:16-20 **Gospel:** Luke 8:41-56 **Troparia:** p 44 (Tone 4)

ST. JOANNICUS THE GREAT was born in the 8th Century. He had to tend family cattle from a young age. He was recruited into the military, where he received great honors, and later withdrew to solitude and the wilderness for prayer. St. Joannicus, pray to God for us!

**HOLY COMMUNION** will be distributed toward the end of Divine Liturgy for all repentant Orthodox Christian faithful who are prepared. *If you would like to make a bread offering for a Liturgy, please see Fr. William.* 

**VENERATION OF THE HAND CROSS & BLESSED BREAD** will be offered after Divine Liturgy for all faithful and visitors after Divine Liturgy. *May God grant you all many happy & blessed years!* 

**PARASTAS** will be offered for the servant of God +Andrey Benc, offered by wife Lillian and family as a 15th Anniversary Remembrance. *May his memory be eternal! Vičnaja Jemu Pamjat!* 

**COFFEE HOUR** will take place after Divine Liturgy in the Main Hall, all are invited downstairs! And a special thank you to everyone who makes it possible to have our coffee hour; our teams, our volunteers, all without fail. God grant them many years! *Mnohaja i Blahaja L'ita!* 

**KERMEŠ DANCE PRACTICE:** Children are specially invited to gather in the #2 Hall to learn our new dance. See you there!

#### **COOKIE WALK DOUGH ROLLING!** It's that time. Join in during Coffee Hour!

**SUNDAY SCHOOL:** Dawn's Confession Class will meet as scheduled with student families; for pre-Confession children, there will be a brief lesson available downstairs on the stage with Stephanie, as she is able.

**WEEKLY POST-CONFESSION SUNDAY SCHOOL CLASS @ 7 PM!** Students will meet in the evening online with Fr. William for a 30-minute session with an activity and a lesson. Fr. William sent out an invitation to all parish families with students by email. If you did not receive that invitation, please contact Fr. William immediately.

## **DURING THE WEEK OF NOVEMBER 17th:**

WEDNESDAY, NOVEMBER 20th - VESPERS & DIVINE LITURGY @ 6 PM, SYNAXIS OF THE ARCHANGEL MICHAEL & THE BODILESS POWERS

SATURDAY, NOVEMBER 23rd - DIVINE LITURGY @ 8 AM, ST. MARY'S CHURCH, 7th ST, NYC
- LUNCH & DOUGH ROLLING w/ Metropolitan Gregory (TBA)
- GREAT VESPERS @ 6 PM

## **NEXT WEEK: SUNDAY, NOVEMBER 24th, 2024:**

**HIERARCHICAL DIVINE LITURGY** will take place, led by His Eminence Metropolitan Gregory, ruling Hierarch of our Diocese and our special guest this weekend of our Kermeš. May God preserve him for God's holy churches in peace, in safety, in honor and in health for many years! *Eis polla eti, Despota! Many years, Master!* 

**HOLY COMMUNION** will be distributed toward the end of Divine Liturgy for all repentant Orthodox Christian faithful who are prepared. *If you would like to make a bread offering for a Liturgy, please see Fr. William*.

**FESTIVE ANOINTING (MIROVANIJE) & BLESSED BREAD** will be offered after Divine Liturgy for all faithful and visitors after Divine Liturgy. *May God grant you all many happy & blessed years!* 



**PANACHIDA** will be celebrated after Divine Liturgy for all of the departed of St. Nicholas Church. The Sunday School children are all invited to come forward to hold candles with Fr. William as we pray this day.

**ST. NICHOLAS KERMEŠ LUNCHEON!** In honor of our 99th Anniversary as a parish, we will be celebrating our annual Kermeš, which we have customarily done the Sunday before Thanksgiving for many years. May God bless this parish as we continue to seek His will; please support the church and help her celebrate by purchasing your tickets <u>now</u>. Special thanks to Helena Gajdos, Danuta Horbal, Dawn Krzyzanowski, & Magda Matlak for all their hard work in preparation for this Kermeš. There will also be a brief program where prayers and thanks are offered and attending parish children will be invited onstage to help lead the parish in a sing-along, and to regale the parish in a new dance. And don't forget to wear your 'Kroji'!

\*NO SUNDAY SCHOOL CLASSES, IN HONOR OF THE PARISH CELEBRATION

# **PARISH ANNOUNCEMENTS:**

WE ARE CONTINUING TO SUPPORT THE FLEMINGTON AREA FOOD PANTRY! With the help and arrangement of Elizabeth Krzyzanowski, we are donating our food collection going forward toward the food pantry in Flemington, NY. The parish will continue to make a dedicated push, please look to purchase something extra on your next grocery trip and bring it to our food bin in the #2 Hall.

**BIRTHDAYS/ANNIVERSARIES PRAYER LIST WAS RESET!** There is a birthday/anniversary form in the back of the church for the current church attending and their families. Please fill one out for you and your family to be prayed for in the Divine Liturgy each week when the special occasion comes around. The list was officially reset last Pascha Sunday, May 5th. Submit a copy to the office or hand directly to Fr. William, if you haven't yet.

### **WELCOME TO COOKIE WALK 2024!**

**LITTLE LESS THAN A MONTH AWAY!** The Cookie Walk is just around the corner. Preorders are available again this year – the order form is attached to the bulletin. Plus, if you are working the CW on Saturday, come early to fill your own box(es) before the event (from 9:30 – 10:00 am). You get the best selection.

COOKIE WALK VOLUNTEER PAGE USING <u>SIGNUP.com</u> Please visit <u>https://signup.com/go/PuApRaz</u> to view the CW online volunteer sign-up page. This handy tool gives a quick overview of what will be done and makes it much easier to track who is helping each day. Thank you.

Baking Week is Dec 9-13 th . Bogdan and John Busel will be reaching out about helping during Baking Week (or use the online tool above). There are three shifts each day and baking from 9 am - 9 pm. No experience in baking is needed. Lunch will be provided each day.

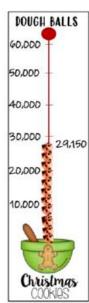
Can't make it during baking week but want to help? We would greatly appreciate 8oz water bottle 12-packs/case, 2-liter soda bottles (Coke, Diet Coke, Sprite, Ginger ale), and snacks of any kind. See Helenka or Kim if you can contribute.

#### Thurs NOV 14 through Sunday NOV 17: A 4-day Dough Ball Extravaganza

We are well on our way to roll 20+ doughs this weekend. Today, we will be rolling 4 large doughs, so please stay for a while to help. These are delicious doughs – Swiss Hot Chocolate, Hunka Hunka chocolate chunk cookies, Magic Bar cookies and Almond Joy to the World. As you can see from the thermometer – we are rolling along and nearly halfway to our 60,000 total. You will see big increases each week from now until the CW.

Thank you to everyone who brought empty paper towel rolls. We are using them every day now. Each roll represents about 35-40 cookies. We can always use more.

Will you be at the Cookie Walk on Dec. 14th and 15th to help? You can let us know two ways – sign-up online (details above) or there is a sign-up sheet in the Main Hall. If we know you will be there, we will have a job for you to do. If we do not know you are coming, I cannot guarantee that there will be something to do immediately. We have limited areas and they can get very crowded (especially the stage). Please sign-up, the sooner the better! Thank you.





### A PRAYER RULE

by St. Theophan the Recluse

You ask about a prayer rule. Yes, it is good to have a prayer rule on account of our weakness so that on the one hand we do not give in to laziness, and on the other hand we restrain our enthusiasm to its proper measure. The greatest practitioners of prayer kept a prayer rule. They would always begin with established prayers, and if during the course of these a prayer started on its own, they would put aside the others and pray that prayer. If this is what the great practitioners of prayer did, all the more reason for us to do so. Without established prayers, we would not know how to pray at all. Without them, we would be left entirely without prayer.

However, one does not have to do many prayers. It is better to perform a small number of prayers properly than to hurry through a large number of prayers, because



it is difficult to maintain the heat of prayerful zeal when they are performed to excess. I would consider the morning and evening prayers as set out in the prayer books to be entirely sufficient for you. Just try each time to carry them out with full attention and corresponding feelings. To be more successful at this, spend a little of your free time at reading over all the prayers separately. Think them over and feel them, so that when you recite them at your prayer rule, you will know the holy thoughts and feelings that are contained in them. Prayer does not mean that we just recite prayers, but that we assimilate their content within ourselves, and pronounce them as if they came from our minds and hearts.

After you have considered and felt the prayers, work at memorizing them. Then you will not have to fumble about for your prayer book and light when it is time to pray; neither will you be distracted by anything you see while you are performing your prayers, but can more easily maintain thoughtful petition toward God. You will see for yourself what a great help this is. The fact that you will have your prayer book with you at all times and in all places is of great significance.

Being thus prepared, when you stand at prayer be careful to keep your mind form drifting and your feeling from coldness and indifference, exerting yourself in every way to keep your attention and to spark warmth of feeling. After you have recited each prayer, make prostration (metanoia), as many as you like, accompanied by a prayer for any necessity that you feel, or by the usual short prayer. This will lengthen your prayer time a little, but its power will be increased. You should pray a little longer on your own especially at the end of your prayers, asking forgiveness for unintentional straying of the mind and placing yourself in God's hands for the entire day.

You must also maintain prayerful attention toward God throughout the day. For this, as we have already mentioned more than once, there is remembrance of God; and for remembrance of God, there are short prayers. It is good, very good, to memorize several psalms and recite them while you are working or between tasks, doing this instead of short prayers sometimes, with concentration. This is one of the most ancient Christian customs, mentioned by and included in the rules of Saint Pachomius and Saint Anthony.

After spending the day in this manner, you must pray more diligently and with more concentration in the evening. Increase your prostrations and petitions to God, and after you have placed yourself in Divine hands once again, go to bed with a short prayer on your lips and fall asleep with it or recite some psalm.

Which psalms should you memorize? Memorize the ones that strike your heart as you are reading them. Each person will find different psalms to be more effective for himself. Begin with "Have mercy on me, O God..." (Psalm 50); then "Bless the Lord, O my soul..." (Psalm 102); and "Praise the Lord, O my soul..." (Psalm 145). These latter two are the antiphon hymns of the Liturgy. There are also the psalms in the Canon for Divine Communion: "The Lord is my



ST. THEOPHAN THE RECLUSE

shepherd..." (Psalm 22); "The earth is the Lord's and the fullness thereof..." (Psalm 23); "I believed, wherefore, I spake..." (Psalm 115); and the first psalm of the evening vigil, "O God, be attentive unto helping me..." (Psalm 69). There are the psalms of the hours, and the like. Read the Psalter and select.

After you have memorized all of these, you will always be fully armed with prayer. When some disturbing thought occurs, rush to fall down before the Lord with either a short prayer or one of the psalms, especially "O God, be attentive unto helping me..." and the disturbing cloud will immediately disperse.

There you are; everything on the subject of a prayer rule. I will, however, mention once again that you should remember that all these are aids, and the most important thing is "standing before God with the mind in the heart with devotion and heartfelt prostration to Him."

(Taken from <u>www.pravmir.com</u>)





#### DIOCESAN PANI'S RETREAT

On the weekend of November 1-3, 2024 the Annual Priest Wives Retreat took place at Camp Nazareth. The priest wives were joined by His Eminence, Metropolitan Gregory. A weekend of prayer, fellowship and relaxation were enjoyed by all.



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# ST. NICHOLAS PARISH PRAYER LIST

For additions or updates, please contact Fr. William directly: <u>fr.william.bennett@gmail.com</u>

CONTINUOUS: Matuska Olga Andrejuk, David Bulko, Kim Busel, Peter & Maria Ceselka, Tony Ceselka, Stephanie Downes, Mary & Tommy Fackovec, Gia Fazio, John Geida, Julius Gontkovsky, Olga Gubinski, Diana Hannan, Todd Henderson, Priest Joseph Hoffmann, Noah Homyak, Aleksandra Horbal, Luke Iera, Magdalena Ilanovska, Jana Johnson-Plutchok, Michael Kerr, Paul Koehler, Joanna Kolaczko, Maria Koneval, Michael Kormanik, Alex & Holly Marchak, Luboš Matlak, Richard McCullough, Christine Merriam, Sean Merriam, Christine & Rick Martines, Lucia Matišinova, Nadežda Bulikova Petrikova, Deacon Michael Pirich, Gregory Rydzyk, Rastislav Salon, John Salony, Mary Seewald, Paul Sikoryak Sr, Toni Sikoryak, George Sipko, Michael Slavkovsky, Miroslav Strenk, Katherine Tam, Teri Upton, Tim Upton, Marek Vattek, Ann Vislocky, Bill Vislocky, Sandy Wagner, Cathryn Walker, Dennis & Cathy Walsh, and Reader Bob & Debbie Zizik.

#### **CATECHUMENS:**

Ricardo Sullivan Nathan Deutsch John Stutts Daniel Lai Rachel Soh Young Yi Maryam Gueye

#### **DIOCESAN CLERGY:**

#### **DEANERY CLERGY:**

Priest David Mastroberte Priest Luke Mihaly Protodeacon Emil Gulick Priest Alexandre Ioukliaevskikh (NY, NY)
Priest David Kossey (Yonkers, NY), for his Health and Salvation
Priest Andrew Gromm (Seaford, NY)

**SEMINARIANS:** Seamus Murray, Ignatios Leonardo, Nicholas Fong, Nicolas Laliberte, & Alexander Hurtsellers. The newly-graduated Nicholas Worobey & Samuel Loposky! *That God may grant them many more blessed years, and for more vocations to the Priesthood!* 

**COLLEGE STUDENTS:** May God bless all of our parish college students both near & far, and members of Orthodox Christian Fellowship (OCF), especially the NYU OCF & Rutgers OCF. *Mnohaja i Blahaja L'ita!* 

**<u>BIRTHDAYS:</u>** May God grant many more happy & blessed years to those celebrating their birthdays this week, especially to Julia Timko & Christina Gradassi! *Mnohaja i Blahaja L'ita!* 

#### **SPECIAL INTENTIONS:**

For the Departed Servant of God +Andrey Benc as a 15th Anniversary Remembrance and for all departed family members. *Vičnaja Jim Pamjat!* 

# O HOLY FATHER NICHOLAS, PRAY TO GOD FOR US!



# **CHURCH SERVICE & ACTIVITY CALENDAR**

**Note from Fr. William:** If you would like anyone remembered or prayed for during the course of the week or would like someone remembered in a memorial service, please see Fr. William or simply email: <a href="mailto:fr.william.bennett@gmail.com">fr.william.bennett@gmail.com</a>

# **NOV - DEC 2024**

\*Shaded areas indicate days of fasting

SUN	MON	TUES	WED	THUR	FRI	SAT
NOV 17 Divine Liturgy @ 10 AM - Parastas for +Andrey Benc & Departed Family - CW Dough Rolling - Kermeš Dance Practice	18	19	20 Vespers & Divine Liturgy @ 6 PM	21 SYNAXIS OF ARCHANGEL MICHAEL & THE HEAVENLY HOSTS	22	23 Divine Liturgy @ 8 AM, St. Mary's, 7th St.  - Lunch & Dough Rolling w/ Metropolitan Gregory - Great Vespers @ 6 PM
NOV 24  ST. NICHOLAS KERMEŠ Hierachical Divine Liturgy @ 10 AM - Panachida for +All Departed St. Nicholas faithful - Kermeš Celebration	25	26 ST. JOHN CHRYSOSTOM	27 *No Vespers	28 Thanksgiving - Nativity/ Advent Fast Begins!	29	*No Divine Liturgy  - CW Dough Rolling @ 9 AM - 3 PM  - Great Vespers @ 6 PM
DEC 1 Divine Liturgy @ 10 AM - CW Dough Rolling	2	3 Vespers & Divine Liturgy @ 6 PM	4 FEAST OF THE ENTRANCE OF THE THEOTOKOS - Vespers, Meal, & Scripture @ 6:30 PM	5	6 CW Dough Rolling @ 6 - 9 PM	7 Divine Liturgy @ 8 AM, St. Mary's, 7th St CW Dough Rolling @ 9 AM - 3 PM - Great Vespers @ 6 PM

### TRZASKA FUNERAL HOME, INC.

ALEXANDER MARCHAK, JR. – Licensed Funeral Director & Owner Services available whenever and wherever needed 1275 - 65<sup>th</sup> St (Corner of 13<sup>th</sup> Ave), BROOKLYN, N.Y. 11219 Family Owned & Operated since 1924 Large Parking Area 718-748-4860



### FOLLOW THE DIOCESE ONLINE:

Diocesan Website: <a href="www.acrod.org">www.acrod.org</a> Camp Nazareth: <a href="www.campnazareth.org">www.campnazareth.org</a> Facebook: <a href="www.facebook.com/acroddiocese">www.facebook.com/acroddiocese</a> Twitter: <a href="http://twitter.com/acrodnews">http://twitter.com/acrodnews</a> YouTube: <a href="https://youtube.com/acroddiocese">https://youtube.com/acroddiocese</a>





Dec 14 & 15th

# **COOKIE WALK ORDER FORM**





White Box w/ ribbon

**TOTAL DUE** (cash or check accepted) \$\_\_\_\_\_ Check made payable to St. Nicholas Church Altar Society

Your Name:	
Phone or Email:	
St. Nicholas Contact:	

THANK YOU FOR YOUR ORDER. ENJOY YOUR COOKIES!



For the St. Nicholas Contact:

Please give completed order forms to Kim Busel (or send a pic to kimbusel@gmail.com or by text to 914-426-3964).

All advanced cookie orders must be received by Sunday, Dec 8th!

Cookies will be available for you to pick-up on Sat. Dec 14th or 15th

# ST. NICHOLAS OF MYRA ORTHODOX CHURCH

288 E. 10th Street (Avenue A) East Village

www.stnicholascookiewalk.com